

November 2010 News & Message from Kelly Tait

Hello everyone!

I hope you had a wonderful October and Hallowe'en, and that you're busy getting ready for winter, planning out all your fun winter projects. In the winter months, I frequently read from people's homes if you're not able to travel to the Priddis Valley Gardens, so a reminder that if you can't come to me out in the country, I can come to you.

First some "news" & answers to your questions...then the "letter" below!

- **Holiday special on readings** - save 10% until the end of the year by mentioning this newsletter when you book your appointment.
- **The Gardens are closed for the winter**, but please make an appointment to visit if you like, and most especially if you're interested in a booking for the summer; it's important that you check out the space and block it for your event well ahead of time.
- **New appointment booking procedure** - please fill out the appointment request form on my site and submit via email. This is the only way I can handle the volume of requests, so I really appreciate you doing this. If you're just not a computer person etc, please call 403.254.9622 to schedule via one of my helpful helpers!
- **Couples counselling, grief counselling** - many people are writing or calling wondering if they can see a psychic counsellor for couples or grief counselling. The answer is YES! Many relationship problems are directly related to past life connections or paths, and a psychic counselling session for this reason is often much more effective than even numerous sessions of conventional therapy. Grief counselling--often mediumship with a loved one who has passed on provides an immense amount of comfort to family members; there is no question that this type of therapy is very helpful to grieving families. I have had numerous moving experiences with families in grief that really affirm why I do this stuff!
- **Predictions on YouTube (youtube.com/kellypsychic)**- I've been guided to post a lot of information such as predictions via video--they are available on my youtube channel. Especially if you follow the economy, real estate, currency, 2012, weather, preparations for earth changes, etc, these videos will be of specific interest to you. I'll also post some guidance on topics like karma, tarot cards, soul connections, past life clearing etc, as I'm finding a lot of people with misconceptions about how this stuff works. No, I'm not stoned in the videos! I'm just channeling; it's a mild trance so my eyes are semi-closed.
- **Class & seminar schedule** - I'll be releasing my winter 2010 class & seminar schedule soon; check www.kelly-tait.com later this month. Classes will be offered on the following topics: reading tarot cards, karma / soul connections /past life clearing, and 2012 earth changes / preparations.
- **Q & A forum at kelly-tait.com** - send me your questions suitable for posting publicly; many people have requested such a forum to help spread information more freely; just email to kelly@priddisvalleygardens.com.

Now for the message...life in the sands

You'll remember in my October newsletter I spoke of the importance of compassion in all our relationships, and the need to work for genuine, open, honest connections to your loved ones, colleagues and friends.

Since my last newsletter, I have been drawn frequently to the image of the hourglass, and how the unstoppable flow of its sands is a good metaphor for our physical lives here on earth. If you've ever flipped an hourglass and then watched the sands drain away, you might have noticed how the top of the sand is never stable either; it is always shifting based on the drain at the bottom.

Basing our happiness on the material, physical world is just like trying to build a house on the top of a sandy, unstable foundation. When I tap into our group consciousness, I see and feel more and more people who truly feel that their lives are like hourglasses that have just been tipped over. They are struggling to keep it all together—paying that mortgage, cable, iPhone, bar tabs, clothes, grocery bills that keep climbing and climbing. Juggling work and partners and kids and households. Spending more and more, hoping to feel better, look better, think better. Not much is helping. The sands of the glass keep draining away; we're not able to get control, and it forces us to acknowledge that our lives aren't as solid or meaningful as they appeared.

There is a reason that so many people are desperately unhappy or facing financial struggles right now. We have now fully entered an era in human history where it is more important than ever to focus on spiritual growth. **Unless you embrace this loving path, the circumstances of your life will conspire to take you there *anyway!*** You cannot fight it or prevent it; that is where people need to go right now, all of us. That is our purpose this lifetime.

When our material needs are not met, we feel unsafe. In fact, we were never "safe" if our spiritual and emotional needs were unfulfilled. Yet we often bury our heads in the sand to suppress these needs.

The thought of losing our material possessions makes us panic. Foreclosure. Bankruptcy. Not keeping up with the Joneses. The fear exacerbates our sense of isolation and hopelessness. As you know, relationships fall apart due to financial disagreements more than any other reason. There's an easily understandable explanation for this! Focusing on the material world means you are acting alone, as an individual, aiming for what you can get instead of what you can give. There is no true partnership of love in your life.

These days I find myself doing more and more counselling for couples. Often the issue is related to the fact that partners may have fit the bill for what you required materially, but now you're not able to communicate, and you don't even have the basic tools for doing so.

The tools are self-knowledge, compassion and empathy--the ability to see and understand that your partner is experiencing similar spiritual and emotional unease. Couples who become parents are often unable to understand themselves and their emotions. Consequently they are unable to teach this important skill to their children. Often parents assess their own worlds by what they can and can't obtain: "we can't afford this." Parents replicate this materialistic world for their children, creating a universe where kids focus on what they can and can't get. Anything the kids *can't* get becomes something worth fixating upon, something of value, without any connection to the child's emotions, true preferences and interests, etc.

If you follow my predictions on YouTube, you will know that I believe we face a time of great physical challenges ahead, caused by earth changes. I believe that our luxurious standard of living is basically coming to an end. Those who cannot build a community, physically, emotionally, and spiritually will not make it. We will need to pool material resources and make a lot of compromises, much more than we are used to now. In the near future, I see people's finances getting worse, not better. It is time to focus on things other than the material to bring us fulfillment.

Some of my thoughts on what we can do right now to help usher in the changes in the best way possible:

- 1) It is more important than every to pray to God for compassion, for guidance on how we can work together, and for guidance about how we can build a new life together without reliance on material goods to provide us happiness.
- 2) We need to complement our prayer with right thought and right action--by looking within ourselves, knowing and understanding ourselves and our emotions, and finding a compassionate response for all circumstances, no exception.
- 3) Instead of endless venting and complaining and mindless wanting, we need to pull together and become more community-minded. It's not about "what they can do for me", but "how can we help one another?" We must take the time to be supportive of one another. Don't ignore someone's pain. If there is a problem, take the time to find out how you can help. If you don't have a close family, you should build this community with your friends. We must recognize why we are really together, and communicate this to one another.
- 4) Work to restore integrity and stimulation to your primary relationships. People prefer the quick escapist fix to being honest, inventive and creative. A classic example of this is in our sex lives; its way easier to masturbate to porn or find other escapist solutions outside of our partnerships than to spend the time and effort on one another. People need that escapism; we can't change that part of our human nature. I guarantee 100% that creating that same escapist fun within your partnership will bring a tremendous amount of healing to your relationship. Ladies, get some sexy knickers and work it! Gents, figure out what really makes your partner as horny as heck and take a long time doing it!

Be open, silly & playful with your loved ones, because you are here to help and fulfill one another! At the end of our lives, we won't care about our houses, our cars, our skinny or fat bodies! We will only care about love: did we give enough love, freely? Were we open enough to receive love? Did we surround ourselves with people who loved us and whom we loved? Did they know just how much we loved them? That is all that matters.

I welcome your thoughts, and questions suitable for sharing in the Q&A at www.kelly-tait.com. Best wishes for the winter season; it's going to be a cold one out here! Stay tuned for our winter tarot class schedule. This winter I will also be giving seminars on karma, past lives, soul connections, and 2012 preparation. Please check my website for key dates!

Peace and blessings,
Kelly Tait